

Course Syllabus

Department: Physical Education & Integrated Health Care

Date: February 2012

I. Course Prefix and Number: PE 185

Course Name: Fencing

Credit and Contact Hours: 1 credit hour and 2 contact hours

Catalog Description Including Pre- and Co-Requisites:

A beginning course in Fencing with emphasis on the history of the sport, as well as introducing the student to basic foil techniques such as footwork, offensive and defensive maneuvers, and limited bouts. No prerequisites.

II. Course Outcomes and Objectives:

Student Learning Outcomes:

The student will:

1. Understand the history of fencing.
2. Apply and execute basic fencing footwork.
3. Recognize and implement basic fencing techniques.
4. Implement proper safety techniques while participating in fencing.
5. Organize, plan, and judge a fencing bout.

Relationship To Academic Programs and Curriculum:

This course provides a practical experience in learning a new sport and enhances a diverse and enriching curriculum for the purposes of Physical Education.

College Learning Outcomes Addressed by the Course:

- | | |
|---|---|
| <input type="checkbox"/> writing | <input type="checkbox"/> computer literacy |
| <input checked="" type="checkbox"/> oral communications | <input checked="" type="checkbox"/> ethics/values |
| <input checked="" type="checkbox"/> reading | <input type="checkbox"/> citizenship |
| <input type="checkbox"/> mathematics | <input type="checkbox"/> global concerns |
| <input checked="" type="checkbox"/> critical thinking | <input type="checkbox"/> information resources |

III. Instructional Materials and Methods:

Types of Course Materials:

M.D'asaro, B. Lightner, Beginning Fencing (optional)

Methods of Instruction (e.g. Lecture, Labs, Seminars ...):

Lecture, Demonstration, Class exercises and Supervised bouts.

Assessment Measures (Summarize how the student learning outcomes will be assessed):

The Physical Education and Integrated Health Care Department believes each instructor should determine the grading system and evaluation methods that will be used in their section of the course. The methods of assessment must be communicated through the Course Outline that is given to the students the first week of the semester. Possible assessment methods include: quizzes, tests, collected assignments, written essays, group activities, demonstration of skills and teaching performance and video analysis of supervised bouts. Such evaluations and related assignments will develop critical thinking techniques, reading skills and communication skills, along with developing ethics and values regarding an appreciation of lifetime physical activity.

IV. General Outline of Topics Covered:

- The history of Fencing
- The importance of safety
- Basic footwork and holding the foil properly
- Basic Fencing techniques
 1. The attack
 2. The retreat
 3. The parry
 4. The riposte
 5. The disengage
- Directing a Fencing bout
- Supervised competition