



Syllabus

HPE 180 Sports Medicine First Year Experience

General Information

Date

September 21st, 2017

Author

Unknown Author

Department

Physical Education and Integrated Health Care

Course Prefix

HPE

Course Number

180

Course Title

Sports Medicine First Year Experience

Course Information

Credit Hours

3

Lecture Contact Hours

3

Lab Contact Hours

0

Other Contact Hours

0

Catalog Description

The FYE in Sports Medicine provides students with an opportunity to learn about the different careers in the field of sports medicine, including degree/certification/licensure requirements for each sports medicine professional. The course will also emphasize the skills and resources that students need to become intellectually confident, to successfully complete the degree program, and to transfer to a Baccalaureate program. Students will also be introduced to college survival skills, FLCC offices related to student services and academic support, and options for career planning.

Key Assessment

This course does not contain a Key Assessment for any programs

Prerequisites

None

Co-requisites

None

Grading Scheme

Letter

First Year Experience/Capstone Designation

This course is designated as satisfying the outcomes applicable for status as a

First Year Experience

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category
None

FLCC Values

Institutional Learning Outcomes Addressed by the Course

Vitality

Inquiry

Perseverance

Interconnectedness

Course Learning Outcomes

Course Learning Outcomes

1. Students will identify career paths and employment opportunities in sports medicine,
2. Students will identify the degree, certification, and licensure requirements for various sports medicine professionals.
3. Students will gain knowledge of the services and resources available at Finger Lakes Community College.
4. Students will learn the effective studentship skills needed at FLCC and to transfer to baccalaureate programs.

Program Affiliation

This course is required as a core program course in the following program

AS Sports Medicine

Outline of Topics Covered

SM FYE Outline of Topics

1. Course Introduction
2. Discussion of College Catalog / Student Handbook
 1. Academic Policies and Regulations
 2. Academic Standards
 3. Student Affairs
 4. Student Life
3. Time Management Skills
4. Learning Styles
5. Note Taking
6. History of Sport Medicine
7. Textbook reading
8. Study/test-taking skills
9. Critical Thinking Skills
10. College Offices / Services for Students
 1. Library
 2. Computer Lab

3. Incubator
 4. Academic Support Center
 5. Career Services
 6. One Stop Center
11. Careers in Sports Medicine (Degree requirements, certification/licensure requirements)
 1. Athletic Training
 2. Physical Therapy
 3. Occupational Therapy
 4. Orthopedic Surgeon
 5. Exercise Physiology
 6. Kinesiology/Biomechanics
 7. Massage Therapy
 8. Personal Training
 9. Group Exercise Instructor
 10. Strength and Conditioning Specialist
 12. Professionalism and Ethical Consideration for Sports Medicine Professionals