



Syllabus

HPE 107 Golf

General Information

Date

May 24th, 2018

Author

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Department

Physical Education and Integrated Health Care

Course Prefix

HPE

Course Number

107

Course Title

Golf

Course Information

Credit Hours

1

Lecture Contact Hours

0.5

Lab Contact Hours

1.5

Other Contact Hours

0

Catalog Description

This co-educational activity includes instruction in the fundamental skills, rules and etiquette that govern the activity. An additional fee is required.

Key Assessment

This course does not contain a Key Assessment for any programs

Prerequisites

None

Co-requisites

None

Grading Scheme

Letter

First Year Experience/Capstone Designation

This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

None

FLCC Values

Institutional Learning Outcomes Addressed by the Course

Vitality
Inquiry
Perseverance
Interconnectedness

Course Learning Outcomes

Course Learning Outcomes

1. Demonstrate fundamental techniques in the game of golf (eg. select the appropriate clubs for each situation, differentiate and apply swings appropriate for a particular shot).
2. Interpret and implement the rules of golf.
3. Analyze and make corrections to one's swing based on desired shot outcomes.
4. Practice standard etiquette to uphold respect for the course and players.
5. Identify the wellness benefits of the cardiovascular workout provided by a life-time activity such as golf.

Outline of Topics Covered

- I. Rules and scoring
- II. Swing mechanics
- III. Special situations

- IV. Competitive events and history
- V. Putting it all together: complete round of golf